

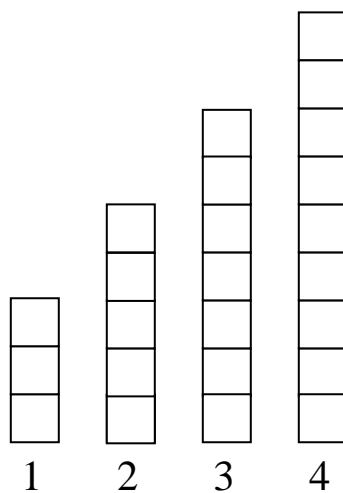
Scott's Workout

A Solidify Understanding Task



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Scott has decided to add push-ups to his daily exercise routine. He is keeping track of the number of push-ups he completes each day in the bar graph below, with day one showing he completed three push-ups. After four days, Scott is certain he can continue this pattern of increasing the number of push-ups he completes each day.



1. How many push-ups will Scott do on day 10?
2. How many push-ups will Scott do on day n ?
3. Model the number of push-ups Scott will complete on any given day. Include both explicit and recursive equations.
4. Aly is also including push-ups in her workout and says she does more push-ups than Scott because she does fifteen push-ups every day. Is she correct? Explain.

